



## Center of Excellence in Elder Abuse and Neglect

Elder Abuse Bytes

Issue 2, November 2008

An e-newsletter from the Center of Excellence in Elder Abuse & Neglect at the University of California, Irvine Program in Geriatrics

*Promoting aging with joy and eliminating aging in fear.*

**RESEARCH: Resentment is a strong predictor of potentially harmful caregiver behavior.** Shaffer, Dooley, and Williamson found that caregivers who resented their caregiving burdens were strongly associated with potentially harmful strategies in dealing with their older adult care recipients. Findings also implied that depression predicted potentially harmful behavior when accompanied by resentful feelings. [Shaffer, D., Dooley, W.K., & Williamson, G.M. (2007). Endorsement of proactively aggressive caregiving strategies moderates the relation between caregiver mental health and potentially harmful caregiving behavior. *Psychology and Aging* 22 (3): 494-504.] <http://psycnet.apa.org/journals/pag/22/3/494/>

**RESEARCH: Sexual intimate partner violence against women is associated with worse health, even years after the abuse has stopped.** Bonomi, Anderson, Rivara, and Thompson analyzed surveys of 3,429 women and found worse overall health, higher reports of depression, more overall symptoms, and less involvement in voluntary groups among women sexually abused by partners, compared with never abused women. [Bonomi, A.E., Anderson, M.L., Rivara, F.P., and Thompson, R.S. (2007). Health outcomes in women with physical and sexual intimate partner violence exposure. *Journal of Women's Health* 16(7): 987-997] <http://www.liebertonline.com/doi/pdfplus/10.1089/jwh.2006.0239>

**EDUCATION: Statewide Adult Protective Services Training Project** Fact sheets on Dependent Adult Sexual Abuse, Elder Sexual Abuse, and Elder Financial Abuse from the Statewide APS Training Project in California are available as PDF downloads at <http://www.baa-aps.org> (click Library and Fact Sheets)

**DID YOU KNOW...** Estimating the age of an older adult's bruise by its color is imprecise. Accidental bruises occur in a predictable location pattern in older adults. For more information, see Mosqueda L, Burnight K, Liao S: The Life Cycle of Bruises in Older Adults. *Journal of American Geriatrics Society*, 2005; 53:1339-1343 <http://www3.interscience.wiley.com/cgi-bin/fulltext/118681332/HTMLSTART>

**HOME FOR THE HOLIDAYS** 'Tis the season for checking on elder safety. This article by Mary Twomey, MSW describes what to look for during your annual visit to elderly relatives and can be downloaded and printed for sharing with clients. <http://www.centeronelderabuse.org/files/HomefortheHolidays08.doc>

**A GREAT HOLIDAY GIFT** Looking for a practical gift for friends and colleagues who work with older adults? Consider *Geriatric Pocket Doc*, a compact field guide to common geriatric conditions, medications, and medical markers of mistreatment.

<http://www.centeronelderabuse.org/page.cfm?pgid=58>

**\*\*HOLIDAY SPECIAL\*\*** through December 30, 2008, if you purchase 10 or more, the per-copy charge is just \$9 (plus shipping)— email [centeronelderabuse@uci.edu](mailto:centeronelderabuse@uci.edu) or call 714-456-5524 and mention that you saw this offer in *Elder Abuse Bytes*.

**DINE OUT AGAINST ELDER ABUSE!** Thank you to those who participated in and promoted the fundraiser to combat elder abuse on September 15, 2008 – supporters spent over \$14,000 at 147 Coco's and Carrows Restaurants throughout California and Arizona and raised awareness as well as funds for direct services to elder abuse victims. For more information visit our News and Events page

<http://www.centeronelderabuse.org/page.cfm?pgid=28>

**ADVOCACY: Sign up for Elder PEACE!** Elder abuse victims and those who love them finally have a voice. Join Elder PEACE and channel the anger, frustration and pain into constructive change. Sign up by emailing

[elderpeace@centeronelderabuse.org](mailto:elderpeace@centeronelderabuse.org)

**PLEASE ADD** our address, [centeronelderabuse@uci.edu](mailto:centeronelderabuse@uci.edu) to your address book!

PLEASE FORWARD THIS E-MAIL to your contacts who might be interested.

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